

WORKSHOPS FOR HEALTH PROFESSIONALS

Engaging people in treatment through the use of metaphor

A practical skills-based approach for health professionals

Engaging clients in treatment is critical to successful health outcomes. If a client is not actively participating in treatment it is unlikely to be effective. People are more likely to engage in treatment if they understand what their health issue is, what treatment will look like and how it will make a difference in their life. The use of metaphors to help explain health conditions and treatment can be a valuable engagement tool. Metaphors are either verbal stories or visual representations that clients can relate to, and can be very helpful at engaging clients in treatment. This workshop will provide participants with an understanding of how to use metaphors to engage clients through the teaching of practical skills that can be directly applied to the everyday workplace.

One-Day Workshop: **Melbourne** - Tuesday 21st February 2017 **Sydney** – Tuesday 14th March 2017

Living out your profession in a generic world

Knowing what you do and why

Many health professionals working in generic roles struggle to keep their professional identity. Dr Julie Rowse, a proud occupational therapist, has worked in generic mental health positions throughout the first 17 years of her career. Each profession brings a unique perspective to a generic role, for example a case management position. Julie is passionate about her professional roots as an occupational therapist and as a clinical supervisor of numerous staff across the disciplines has always encouraged health professionals to embrace and use their specific skills within the generic role. This workshop will inspire participants to connect with their professional roots and identify how their specific professional skills can be used within a generic role.

One-Day Workshop: **Melbourne** – Wednesday 22nd February 2017 **Sydney** – Wednesday 15th March 2017

Dr Julie Rowse (Bach. O.T. (Hons); PhD) is passionate about people being able to live life to the full. Julie is a mental health occupational therapist with 18 years' experience working with individuals, families and groups across all age ranges. In addition to providing treatment, Julie also has many years of providing clinical supervision and training to a range of mental health clinicians. In 2016 Julie opened the private practice, Healthy Mind and Soul.

Julie has developed and facilitated several successful workshops throughout her career as well as speaking at conferences locally, nationally and internationally. Julie is a passionate and engaging speaker who enjoys encouraging and motivating others.



Workshop Details:

Fees

Single Workshop - \$295 including GST (early bird \$265 if paid 4 weeks before workshop)

Both Workshops - \$540 including GST (early bird \$490 if paid 4 weeks before workshop)

Fees Includes: Workshop Manual, Certificate of Attendance, morning tea, lunch and afternoon tea.

Please complete the registration form which can be downloaded from: www.healthymindandsoul.com.au

Places are limited so please book early.